

# Krista Carson

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## EDUCATION

- 2022 **Bachelor of Arts, Dance**, *Texas Woman's University* – Denton, TX
- 2017 **Associate of Arts**, *Tarrant County College* – Hurst, TX
- 2016 **Dance Specialization**, *Tarrant County College* – Hurst, TX

## ACADEMIC AND PROFESSIONAL APPOINTMENTS

- 2026 Featured Performer, *Music Corporation of America / (Universal Music Group)* – Fort Worth, TX  
Featured Background performer in Louie TheSinger's 'She Wants a Cowboy' music video.
- Featured Dancer, *DJ Diesel's Cotton Bowl NYE at Texas Live!* – Arlington, TX  
Performer for DJ Diesel (A.K.A. Shaquille O'Neal)'s Cotton Bowl New Years Eve concert.
- 2025-Present Professor of Dance, *Texas Christian University* – Fort Worth, TX  
Part-time faculty at TCU leading the college's first ever Heels dance course.
- Professional Dancer / Co-Captain, *Texas Live!* – Arlington, TX  
Performer and Co-Captain for the Texas Live! Lonestars Dance Team of Texas Live! and the Arlington Entertainment District for the 2025-2026 season.
- 2025 Featured Guest Teaching Artist, *South Texas College* – McAllen, TX  
Lead Beg./Int. Jazz Heels class for collegiate dance students at *Transcendence Dance Festival*.
- Featured Talent, *Music Corporation of America / (Universal Music Group)* – Fort Worth, TX  
Featured Role in Louie TheSinger's 'Spending Christmas Alone' music video.
- 2024 Character Performer, *Dallas Zoo* – Dallas, TX  
Octopus, LED Bird, Elf performance characters with Eclipse Entertainment for the holiday season at the "Dallas Zoo Lights" Event.
- Performer, *The Statler* – Dallas, TX  
Gogo LED Dress Performer with Go Glow Entertainment DFW for the Legendary Statler Hotel's Grand Ballroom presenting "The Royal Masquerade Ball NYE."
- Guest Choreographer, *H. Grady Spruce High School* – Dallas, TX  
Choreographed field pom routine for high school drill and dance team.
- 2023-2024 Team and Squad Audition Judge  
Served on a panel of judges for middle school & high school dance, drill, & captain's squad teams' auditions.
- *Sunset High School* – Dallas, TX
  - *L.D. Bell High School* – Hurst, TX
  - *Ignite Middle School* – Dallas, TX
- 2022-2025 Performer  
Soloist for the De La Rosa Dance Company

- GRAMMY Award-Winning Artist, Lila Downs - Pre-Concert Show | *Meyerson Symphony Center* – Dallas, TX
- Bailando International Dance Festival – Corpus Christi, TX
- The Pilot Dance Project’s *Annual Latino/a/x Contemporary Dance Festival* – Houston, TX
- The National Dance Society Annual Conference – San Antonio, TX
- South Texas College Dance Festival *Transcendence*– McAllen, TX

Guest Artist, *Denton Dance Conservatory* – Denton, TX

Lead Beg./Int./Adv. Musical Theatre Jazz and Contemporary classes for studio dance convention.

- 2021  
Guest Choreographer, *Tarrant County College Northeast Campus* – Hurst, TX  
Choreographed for Collegiate Dance Companies: “*Rhythm &...*” and “*Solace in Our Soles.*”
- 2020-Present  
Assistant/Artistic Associate: *Movers Unlimited Touring Dance Company / Movers ARC*  
Assisted director in face to face and virtual rehearsals, organized and managed company affairs, generated company portfolio, event scheduling, student outreach and company public relations.  
*Tarrant County College Northeast Campus* – Hurst, TX
- Freelance Choreographer/Instructor, *Dallas-Fort Worth Metroplex* – TX  
At-hire Choreographer and Instructor for various dance genres across the Dallas-Fort Worth Metropolitan Area in a variety of educational institutions and studios.
- 2018-2020  
Student Director: *Movers Unlimited Touring Dance Company* – Hurst, TX  
Assisted in company rehearsals, organized community outreach performances and community services, generated company portfolio, directed student choreography concerts.
- Dance Club President, *Tarrant County College Northeast Campus* – Hurst, TX  
Organized and arranged all club affairs, fundraisers, workshops, community service; represented the club in all campus events, club advertisement, assisted with class and club arrangements.
- 2017-2020  
Guest Choreographer, *Tarrant County College Northeast Campus* – Hurst, TX  
Choreographed for collegiate Drama and Musical Theatre department Productions: “*James and the Giant Peach Jr.*”, *Godspell the Musical*, *Twelfth Night*” and “*A Midsummer Night’s Dream.*”
- 2013-2017  
Assistant Dance Instructor, *Dancers-In-Motion Dance Company* – Fort Worth, TX  
Taught ballet, tap, hip-hop, and jazz classes for a variety of ages in dance studio, as well as recreational centers, senior living residencies, and daycares. Assisted studio director in various company outreach productions and fundraisers, organized/maintained in-house resources, and supported rehearsals.

## **DANCE COMPANIES**

- 2025-Present  
***Texas Live! Lonestars Dance Team*** – Arlington, TX  
Assistant Co-Captain, Performer
- 2022-2023  
***Paradox Dance Company*** – Dallas, TX  
Performer, Choreographer
- 2021-Present  
***De La Rosa Dance Company*** – Denton, TX  
Performer, Artistic Associate
- Movers ARC (Alumni Repertoire Company)*** – Hurst, TX

Performer, Choreographer, Artistic Associate

2017-Present *Movers Unlimited Touring Dance Company* – Hurst, TX  
Performer, Choreographer, Student Director, Assistant, Artistic Associate

2014-2019 *Tarrant County College Northeast Dance Company* – Hurst, TX  
Performer, Choreographer, Rehearsal Assistant

1999-2017 *Dancers-In-Motion Dance Team* – North Richland Hills, TX  
Performer, Choreographer, Assistant Instructor

## SELECT PERFORMANCE

2025 *Get Crazy*  
Choreography... Alex “Tiny B” Benavidez Terrones  
GRAMMY Award-Winning Music Group, La Energia Norteña *En Vivo Concert Series* |  
Arlington Backyard – Arlington, TX

*Shake It*  
Choreography... Alex “Tiny B” Benavidez Terrones  
Louie TheSinger’s *Kerr County Flood Benefit Concert* | Texas Ice House – Fort Worth, TX

ㄷ [Gee]; *of the Earth Within*  
Choreography... Kihyoung Choi – *Movers Unlimited Touring Dance Company*  
- 3<sup>rd</sup> Annual Fort Worth Dance Festival | I.M. Terrell PAC – Fort Worth, TX  
- Spring Dance Concert: “*of Nature*” | Tarrant County College NE – Hurst, TX

*Happy Feet*  
Choreography... Linda Quinn  
“*The Magic of the HEB Chamber: Celebrating 70 Years,*” Hurst, Euless, Bedford Chamber of  
Commerce’s 70<sup>th</sup> Anniversary Gala | City of Hurst Convention Center – Hurst, TX

2024-2025 망 [Mahng]; *Unfading Light*  
Choreography... Kihyoung Choi – *Movers Unlimited Touring Dance Company*  
- 2<sup>nd</sup> Annual Fort Worth Dance Festival | I.M. Terrell PAC – Fort Worth, TX  
- Spring Dance Concert: “*Interspaces*” | Tarrant County College NE – Hurst, TX

2023-2025 *Amores Imperfectos*  
Choreography... Elisa De La Rosa – *De La Rosa Dance Company*  
- Artists for Hope, “*Ten Years of Artists for Hope*” | San Jacinto College – Houston, TX  
- Bailando International Dance Festival | Texas A&M PAC – Corpus Christi, TX  
- The Pilot Dance Project, “*Third Annual Texas Latino/a/x Contemporary Dance Festival*” |  
MATCH Midtown Arts & Theater Center – Houston, TX  
- Fall Concert: “*DanceFusion,*” | Collin College – Plano, TX

2023 *Dreamers Project* (Excerpt)  
Choreography... Hyun Jung Chang – *Movers Unlimited Touring Dance Company*  
TEDx TCCD “*Ever Changing World*” – Fort Worth, TX

연 [Yeon]; *Bridging Our Paths*  
Choreography... Kihyoung Choi – *Movers Unlimited Touring Dance Company*  
- 1<sup>st</sup> Annual Fort Worth Dance Festival | I.M. Terrell PAC – Fort Worth, TX  
- TCC Community Outreach Performance: “*Converge*” | Sundance Square – Fort Worth, TX

- 2022
- Balance* (An Immersive, Multi-Media Installation)  
Choreography...Hugo King – *Paradox Dance Company*  
Art Exhibition | Goldmark Cultural Center – Dallas, TX
- cAkepOps*  
Choreography... Hyun Jung Chang – *Movers Unlimited Touring Dance Company*
- Art Showcase, “*ArtBeat*” | W.E. Scott Theatre – Fort Worth, TX
  - Grand Prairie ISD Showcase - Young Women’s Leadership Academy – Grand Prairie, TX
  - Spring Dance Concert: “*New Beginnings*” | Tarrant County College NE – Hurst, TX
- 2022-2025
- Ella Sin Fronteras*  
Choreography... Elisa De La Rosa – *De La Rosa Dance Company*
- GRAMMY Award-Winning Artist, Lila Downs, *Dos Corazones, Pre-Concert Show* | Meyerson Symphony Center – Dallas, TX
  - Bailando International Dance Festival | Texas A&M PAC – Corpus Christi, TX
  - South Texas College Dance Festival, “*Transcendence*” | Cooper PAC – McAllen, TX
  - The Pilot Dance Project, “*Second Annual Texas Latino/a/x Contemporary Dance Festival*” | MATCH Midtown Arts & Theater Center – Houston, TX
  - TCC Community Outreach Performance: “*Merge*” | Sundance Square – Fort Worth, TX
  - Cinco de Mayo Celebration | Texas Woman’s University – Denton, TX
  - City of Flower Mound, *Flower Mound Arts Festival* | Heritage Park – Flower Mound, TX
  - The National Dance Society Annual Conference, “*Dances of Texas*” | Doubletree Hilton – San Antonio, TX
- 2021
- Tri-Blitzar*  
Choreography... Allen LaPoint
- DanceMakers: “*A Return to the Stage,*” TWU | Margo Jones Performance Hall – Denton, TX
  - Composer & Choreographer Showcase, UNT | Merrill Ellis Theater – Denton, TX
- Re: III – Shen Wei Dance Arts Repertory*  
Choreography... Shen Wei, Restaged by Sara Procopio  
American Dance Festival Summer Dance Intensive Online Showcase
- Unwavering*  
Choreography... Kihyoung Choi, Hyun Jung Chang and Krista Carson
- TCC Spring Virtual Showcase: dance@HOME – “*Resolve*”
  - Fall Dance Concert: “*Unwavering*” | Tarrant County College NE – Hurst, TX
- 2020
- Within n Out, See me, This is I*  
Choreography... Irving Maldonado Salinas; in collaboration with Krista Carson  
Jose Hernandez, Juan Navarro, and Fabiola Sanchez  
TWU Fall Virtual Dance Concert: “*during this time... 2020*”
- At the Sound of Your Heartbeat*  
Choreography... Kihyoung Choi – *Movers Unlimited Touring Dance Company*
- Fort Worth ISD Dance Showcase | I.M. Terrel Academy – Fort Worth, TX
  - District Dance Concert: “*Conversations in Rhythm*” | W.E. Scott Theatre – Fort Worth, TX
- 2019
- 人 [in]; human*  
Choreography... Kihyoung Choi – *Movers Unlimited Touring Dance Company*
- Palm Desert Choreography Festival | McCallum Theatre – Palm Desert, CA
  - American College Dance Association Gala Concert | Texas A&M – College Station, TX

*Serenade*

Choreography... George Balanchine, Restaged by Kihyoung Choi  
Spring Dance Concert: “*Boundless*” | Tarrant County College NE – Hurst, TX

2018

*Legally Blonde: The Musical*

Choreography... Jerry Mitchell, Restaged by Hyun Jung Chang  
Dance Captain; Brooke Wyndham, Delta Nu Girl | TCC NE Playhouse Theatre – Hurst, TX

*Rise Up*

Choreography... Baldo Paramo – *Movers Unlimited Touring Dance Company*  
- National African American History Month Celebration, Black Affairs Program | Grand Prairie, TX  
- Spring Dance Concert: “*Behind the Scenes*” | Tarrant County College NE – Hurst, TX

2017

*First Date: The Musical*

Choreography... Lee A. Wilkins, Restaged by Linda Quinn  
Dance Captain; Facebook, Bailout Girl | TCC NE Playhouse Theatre– Hurst, TX

2016

*Chicago: The Musical*

Choreography... Bob Fosse, restaged by Linda Quinn  
Velma Kelly | TCC NE Playhouse Theatre – Hurst, TX

2009

*High School Musical*

Choreography... Kenneth Ortega, Restaged by Krista Carson and Erin Shier  
Sharpay Evans; Dance Captain | Academy at C.F. Thomas – North Richland Hills, TX

2005

*Disney’s “Dance the Magic!” Parade*

Choreography... Disneyland Staff & Sherri Carson-Longino – *DIM Dance Company*  
Disneyland 50<sup>th</sup> Anniversary Celebration Park Parade | Disneyland Parks – Anaheim, CA

**SELECT PRODUCTION**

2022

Performance Auditions and Concert Choreography Selection Record Keeper  
Checked in auditioning dancers, taught audition phrase, evaluated dancers for potential casting, assistant to the Technical Director in selection process, record keeper of choreographer and dancers’ selections via Excel and paper spreadsheets.  
Texas Woman’s University – Denton, TX

2021

DanceMakers: “*A Return to the Stage*”

Load-in Crew, Boom and Lantern Builds, Floor Install, Housekeeper, Performer  
Texas Woman’s University – Denton, TX

2018

Student Choreography Concert: “*Our Camaraderie*”  
Artistic Director, Producer, Choreographer, Performer  
Tarrant County College – Hurst, TX

**SELECT CHOREOGRAPHY**

2022

*ARC of Life... (in progress)*

Choreographed and performed in collaboration with Movers ARC  
- Movers Unlimited Touring Dance Company Student Choreography Showcase Concert:

“Celebrating 10 Years” – Hurst, TX  
- Spring Dance Concert: “Bridging Our Paths” | Tarrant County College NE – Hurst, TX

*Elemental*

Undergraduate choreographic study on students of Texas Woman’s University  
TWU Concert Choreography Final Showing – Denton, TX

2021

*Solace in Our Soles*

Movers Unlimited Touring Dance Company  
Spring Virtual Showcase: dance@HOME – “Resolve”

*Hisakata No*

Tarrant County College NE Music Dept. – Virtual Production

2020

*A Midsummer Night’s Dream*

Tarrant County College NE Drama Dept. – Hurst, TX

2019

*Twelfth Night*

Tarrant County College NE Drama Dept. – Hurst, TX

2018

*Expressions*

Members of Movers Unlimited Touring Dance Company and Movers ARC  
Tarrant County College NE Student Dance Company Concert – Hurst, TX

*Godspell the Musical*

Tarrant County College NE Drama Dept. – Hurst, TX

2017

*James and the Giant Peach, Jr.*

Students of the Collegiate Academy, Tarrant County College NE Drama Dept., – Hurst, TX

*Alice in Wonderland*

Tarrant County College NE Drama Dept. – Hurst, TX

2016

*Slip: A Memoir*

Members of the Movers Unlimited Touring Dance Company  
Movers Unlimited Touring Dance Company Student Choreography Showcase Concert:  
“Our Camaraderie” – Hurst, TX

**AWARDS AND HONORS**

2024

ARTS DFW Grant Recipient

2023

So Def Nation Dance Company Residency Scholarship | *Puebla, Mexico*

2022

NobleMotion Dance Summer Intensive Scholarship Award

Anne Schley Duggan Outstanding Senior Award

Dean’s List

2021

American Dance Festival Summer Intensive Scholarship Award

Chancellor’s List

2020

Chancellor’s List

2019

Student Leadership Award

2017

President’s Outstanding Service Award

2016

Dance Specialization Certification from Tarrant County College

- 2014 Phi Theta Kappa Academic Honor Society  
 Showtime International 1st Division Champion Duet Choreographer
- 2013 The Streetz Dance Convention & Competition Workshop Scholarship Award

## **PROFESSIONAL TRAINING**

### **CONFERENCES, FESTIVALS, AND INTENSIVES**

- 2026 **Texas Lonestars Audition Intensive – Arlington, TX**  
 - *Commercial Pro-League* – Lisa Mills (Dallas Cowboy Cheerleaders/Dallas Mavericks, | Irving, TX)  
 - *Commercial Pro-League* – Bryan Y. (LA Rams, | Dallas, TX)  
 - *Commercial Pro-League* – KayDianna Garza (Dallas Cowboy Cheerleaders, | The Woodlands, TX)  
 - *Commercial Pro-League* – Savanna Arevalo (TCU Showgirls/Allen Ice Angels, | Moorpark, CA)
- 2025 **Artists for Hope – Houston, TX**  
 - *Heels* – Stormie Bandele (Houston, TX)  
 - *Improvisation* – Ashley Nott (Frame Dance | Houston, TX)
- 2022-2023 **Bailando International Dance Festival – Corpus Christi, TX**  
 - *Lyrical* – Alexis Anderson-Chavez (El Paso Community College | El Paso, TX)  
 - *Contemporary Floorwork* – Mario Vircha (Compañía De Cámara Danza UNA | Heredia, Costa Rica)  
 - *Partnering* – Meggie Belisle (Mei/Co. Dance | College Station, TX)  
 - *Graham Technique* – Randall Flinn (Ad Deum Dance Company | Houston, TX)  
 - *Contemporary Ballet* – Meggie Belisle (Mei/Co. Dance | College Station, TX)  
 - *Adv./Pro. Full Action Contemporary Floorwork* – José Ángel Cuevas (So Def Nation | Puebla, MX)  
 - *Adv. Contemporary Modern* – Vincent Hardy (Zion Dance Project | Dallas, TX)  
 - *Theatrical Jazz* – Travis Prokop (NobleMotion Dance | Houston, TX)  
 - *Hip-Hop Reggaeton* – Jennifer Morales (University of Texas, El Paso | El Paso, TX)  
 - *Int. Contemporary Ballet* – Hannah Ueckert (Mei/Co. Dance | College Station, TX)
- 2022 **National Dance Society Conference – San Antonio, TX**  
 - *A Dream Hastened: Building Cultural Competence Through International Choreographic Collaboration* – Christa Davis & Tarin Hampton (Lewis–Clark State College | Lewiston, ID)  
 - *Happy Feet; Anatomy/Strength/Flexibility* – Elizabeth Jones-Boswell (Houston Ballet | Houston, TX)  
 - *Creating Inclusive Learning Environments* – Danielle Herrick (University of Nebraska | Omaha, NE)  
 - *Dance: Collaborative Medium* – Christine Bergeron & Carisa Armstrong (A&M | College Station, TX)  
 - *The Transformative Power of Social Dancing* – Nick & Melissa Enge (UT at Austin | Austin, TX)  
 - *Appalachian Flatfoot Porch Dancing* – Lisa Lewis (Austin Peay State University | Clarksville, TN)  
 - *Contemporary Flow* – Diane Cahill Bedford (A&M | College Station, TX)  
 - *Pelvic Stability* – Elizabeth Jones-Boswell (Houston Ballet | Houston, TX)  
 - *Developing Personal Expression by Applying Improvisational Movement Practices to Street Dance Forms* – Chely (Jones) Seels (Texas Woman’s University | Denton, TX)
- 2021 **American Dance Festival Summer Dance Intensive – Online Residency**  
 - *Shen Wei Dance Arts Repertory (Re:III)* – Sara Procopio (Gibney Dance | Brooklyn, NY)  
 - *Contemporary* – Christian von Howard (Montclair State University | Montclair, NJ)

- *Dance Making* – Jordan Lloyd (Beth Gill Company | New York, NY)
- *Off Movement* – Jessie Young (Rutgers University | Brunswick, NJ)

**Global Connexion: A Virtual Dance Exchange | B. Moore Dance – Virtual Workshop**

- *Repertory* – Bridget L. Moore (B. Moore Dance | Dallas, TX)
- *Improvisation* – Mason Manning (La FLEUR BB | Graz, Austria)
- *Tap* – DaJuan Johnson (B. Moore Dance | Dallas, TX)
- *Contemporary Ballet* – Zou Long (Schauspiel Köln | Cologne, Germany)
- *Contemporary* – Kihyoung Choi (Tarrant County College | Fort Worth, TX)

**Texas Woman’s University Virtual Summer Intensive – Denton, TX**

- *Creating Screendance* – Roma Flowers (Texas Christian University | Fort Worth, TX)

**MASTERCLASSES AND WORKSHOPS**

- 2026  
Peridance Center – Mirjke Eliasberg, *Int. Contemporary* – New York, NY  
Peridance Center – Diego Funes, *Open Stretch* – New York, NY  
Peridance Center – Anabella Lenzu, *Open Barre a Terre* – New York, NY
- 2025  
Texas Christian University – Damon D. Green, *Heels* – Fort Worth, TX  
Motiv8tion Dance Studio – Donna “Bap” Jackson, *Heels* – Mansfield, TX  
Motiv8tion Dance Studio – KayDianna Garza, *Commercial Pro-League Prep* – Mansfield, TX  
Millenium Dance Complex – Darius Hickman, *Heels* – Los Angeles, CA  
Millenium Dance Complex – Eric Sanchez, *Commercial Choreography* – Los Angeles, CA  
Millenium Dance Complex – Cristian Faxola, *Hip Hop / Grooves* – Los Angeles, CA  
Millenium Dance Complex – Kolanie Marks, *Hip Hop* – Los Angeles, CA  
Motiv8tion Dance Studio – Alex “Tiny B”, *Pro Team Prep* – Mansfield, TX
- 2024  
Booker T. Washington – Daisy Jacobson/Twyla Tharp Dance, *Adv. Contemporary* – Dallas, TX  
Gibney 280 Broadway – Jess Smith/Dual Rivet, *Contemporary Floorwork* – New York, NY  
Peridance Center – Sue Samuels/Jazz Roots, *Int. Broadway Jazz / Theater* – New York, NY  
Peridance Center – Brandon Coleman, *Int. Contemporary* – New York, NY  
Booker T. Washington – Hervé Koubi, *Koubi Contemporary Principles* – Dallas, TX
- 2023  
Bruce Wood Dance – Sankai Juku, *Butoh Techniques* – Dallas, TX  
Gibney 280 Broadway – Isaac Martin Lerner, *Adv. Contemporary Floorwork* – New York, NY  
Peridance Center – Hector Invictus Lopez, *Heels* – New York, NY  
Peridance Center – Julia Ehrstrand, *Adv. Contemporary* – New York, NY  
Booker T. Washington – Alan Lake, *Alan Lake Factorie Company Repertoire* – Dallas, TX
- 2022  
Texas Woman’s University – Memunatu Alorwoyie, *West African* – Denton, TX  
Texas Woman’s University – Michelle Gibson, *Afro Modern* – Denton, TX  
Peridance Center – Dr. Ew, *Adv. Perf. Groove* – New York City, NY  
Peridance Center – Ejoye Wilson, *Beg. House* – New York City, NY  
Peridance Center – Choong Hoon Lee, *Adv./Pro. Ballet* – New York City, NY  
Peridance Center – Marijke Eliasberg, *Adv. Contemporary Floorwork* – New York City, NY  
Broadway Dance Center – Chip Abbott, *Int. Theatre Jazz* – New York City, NY
- 2021  
Hunter Dance Center – Annie Arnoult, *Open Dance Project Company Repertoire* – Houston, TX  
Texas Woman’s University – Riley McCallum, *Old Way/Soft Femme Vogue* – Denton, TX  
Texas Woman’s University – Lindsay Rapport, *Hip-Hop Foundations* – Denton, TX  
Texas Woman’s University – Charmain Wells, *Forces of Nature Dance Repertoire* – Denton, TX

- 2020  
 Hubbard Street Dance Chicago – Ethan Kirschbaum, *Company Repertoire* – Chicago, IL  
 Hubbard Street Dance Chicago – Ethan Kirschbaum, *Adv. Contemporary* – Chicago, IL  
 Hubbard Street Dance Chicago – Risa Steinberg, *Adv. Ballet* – Chicago, IL  
 Hubbard Street Dance Chicago – Meredith Dincolo, *Adv. Modern* – Chicago, IL  
 Visceral Dance Chicago – Nick Pupillo, *Adv./Pro. Ballet* – Chicago, IL  
 Avant Chamber Ballet – Jennifer Mabus, *Modern Techniques* – Dallas, TX  
 American Ballet Theatre – Isabella Boylston, *Adv. Ballet* – Instagram Virtual Class  
 American Ballet Theatre – James B. Whiteside, *Ballet Barre* – Instagram Virtual Class  
 Kennedy Center – Debbie Allen, *Int. Jazz* – Instagram Virtual Workshop  
 Nederlands Dans Theater – Luca Tessarini & N. Ishimaru, *Improv* – YouTube Virtual Class  
 Sugarfoot Therapy – Katie Schaar Cutri, *Body Conditioning* – Zoom Virtual Class
- 2019  
 San Francisco Ballet – Tiit Helimets, *Adv./Pro. Ballet* – San Francisco, CA  
 Alonzo King LINES Ballet – Dudley Flores, *Rhythm & Motion* – San Francisco, CA  
 Alonzo King LINES Ballet – Kara Davis, *Adv. Modern* – San Francisco, CA  
 American College Dance Association – Sarah Gamblin, *Adv. Modern* – College Station, TX  
 American College Dance Association – Teresa Cooper, *Adv. Modern* – College Station, TX  
 American College Dance Association – *Body Work & Myofascial Release* – College Station, TX
- 2018  
 Broadway Dance Center – Tom Richardson, *Burlesque Jazz* – New York, NY  
 Broadway Dance Center – Lane Napper, *Acting Technique* – New York, NY  
 Broadway Dance Center – Al Blackstone, *Adv. Theatre* – New York, NY  
 Broadway Dance Center – Jason Barnard, *Adv. Tap* – New York, NY  
 Alvin Ailey American Dance – Fernando Carrillo, *Beg. Horton* – New York, NY  
 Alvin Ailey American Dance – Sarita Allen, *Ailey Barre Technique* – New York, NY  
 Boston Ballet – Pavel Gurevich, *Adv. Ballet* – Boston, MA  
 Tarrant County College – Ernesto Plazola, *Beg. Swing Dance* – Hurst, TX
- 2017  
 Dark Circles Contemporary – Joshua L. Peugh, *Improvisation Techniques* – Fort Worth, TX  
 Perpetual Motion Dance – Alana Murray, *Beg. Aerial Silks* – Oklahoma City, OK  
 Tarrant County College – Ernesto Plazola, *Cuban Salsa* – Hurst, TX
- 2016  
 DFW United for a Cause – Susan Armijo & Cory B., *Strength & Conditioning* – Dallas, TX

## **STUDIED DANCE FORMS**

Alternative Formats: Jordan Fuchs, Roma Flowers, Elisa De La Rosa

Ballet: Kihyoung Choi, Lillian Guillot, Sherri Carson Longino, Shelley Padilla

Choreography: Hyun Jung Chang, Jordan Fuchs, Jordan Lloyd, Linda Quinn

Contemporary Dance Forms: Kihyoung Choi, Sherri Carson Longino, Melinda Norris, Christian Von Howard

Hip-Hop and Street Dance Forms: Hyun Jung Chang, Shamila Issa, Chely Jones-Seels, Truc ly (Sarah) Tran, Linda Quinn

Improvisation: Kihyoung Choi, Elisa De La Rosa

Jazz: Kelsey Eicher, Jose Hernandez, Sherri Carson Longino, Melinda Norris

Korean Dance Forms: Hyun Jung Chang, Kihyoung Choi

Latin Dance Forms: Ernesto Plazola, Elisa De La Rosa

Modern Dance Forms: Kihyoung Choi, Hyun Jung Chang, Sarah Gamblin, Elisa de la Rosa, Miranda Zapata

Musical Theatre: Hyun Jung Chang, Linda Quinn

Pedagogy: Kihyoung Choi, Elisa De La Rosa, Ilana Morgan

Pom/Pro-Team: Alex “Tiny B” Benavidez Terrones

Tap: Sherri Carson Longino, Linda Quinn

West African Dance Forms: Beatrice Ayi, Kelsey Eicher

## **COMMUNITY SERVICE**

- 2025 *Los Angeles Regional Food Bank* – Los Angeles, CA  
Sorted and packaged produce for distribution to individuals and families in need.
- 2022-2024 *God’s Love We Deliver* – New York, NY  
Prepared and packaged meals for distribution to individuals and families impacted by cancer.
- 2021 *Mission Arlington* – Arlington, TX  
Event coordination and donation of raised funds for local community use.
- 2020 *The Salvation Army* – Dallas, TX  
Donation and sorting of clothing items and raised funds for holiday celebration and local community use.
- Cradles to Crayons* – Chicago, IL  
Sorting and packaging clothing items for children and distribution within the local area.
- The Main Place* – Irving, TX  
Event coordination and donation of raised funds for local non-profit use.
- 2019 *San Francisco-Marin Food Bank* – San Francisco, CA  
Prepared, packaged and sorting of consumable dry goods for distribution within the local area.
- The Community Kitchen and Food Pantry of NYC* – New York, NY  
Prepared, sorted, shelved consumable dry goods; assisted in guiding guests in their shopping experience.
- 2018 *Ronald McDonald House Charities* – Fort Worth, TX  
Prepared meals for in-house families of hospitalized children.
- Mission Central Metroplex Inc., Tarrant County Homeless Coalition* – Hurst, TX  
Raised funds for local non-profit use; distributed consumable dry goods.
- 2017 *Tarrant County College Northeast Food Pantry* – Hurst, TX  
Served on a board of students to open the first student-operated, non-profit, on-campus service to offer consumable goods, hygiene products, and other necessities to students free of charge.
- 2016 *Safe Haven of Tarrant County* – Arlington, TX  
Donation and sorting of consumable dry goods; prepared meals for in-house Safe Haven residents.
- 2015 *Alliance for Children* – Hurst, TX  
Raised funds for back-to-school supplies for local children.

2014

*Dancers Responding to AIDS* – Hurst, TX

Raised funds through and taught dance master classes.

*Bedford Library Friends* – Bedford, TX

Lead groups of children around the library's facilities for crafts, dance activities, and reading sessions.

**REFERENCES AVAILABLE UPON REQUEST**